



THE FRENCH GOURMET PICK-UP/DELIVERY MENU

EMAIL ORDERS TO MMALECOT@THEFRENCHGOURMET.COM

OR CALL MICHEL AT 858-488-1725, EXT. 325 OR 858-405-8646

ALL ORDERS ARE PREPARED AND READY TO REHEAT

WITH THE EXCEPTION OF THE PRIME RIB WHICH IS HOT

**PLEASE INCLUDE THE INFORMATION BELOW IN YOUR ORDER EMAIL
INCLUDE YOUR PHONE NUMBER. IF FOR SOME REASON YOU DO NOT
RECEIVE AN ORDER CONFIRMATION EMAIL, PLEASE CALL!**

PICK-UP AT THE FRENCH GOURMET (960 TURQUOISE ST) MON-SUN 8:00am-5:30pm OR

PICK-UP AT OUR MOTHER OF CONFIDENCE (3131 GOVERNOR DR) MON-SAT 6:00pm SUN 1:00pm

INCLUDE PICK-UP DATE AND TIME, PICK-UP LOCATION (TFG OR OMC?)

DELIVERY DATE & TIME, DELIVERY ADDRESS

Individual Meals

	Each	Family Style (4)
Prime Rib WEDNESDAYS - Hot and ready to serve 12 oz serving with twice baked potato, sautéed vegetables, au jus, creamy horse radish (5:00pm pick-up at TFG, 6:00pm pick-up at OMC)	\$25	
Italian-style Meat Lasagna served with garlic bread	\$21	(serves 2)
Pork Tenderloin Medallions pan seared with mustard shallot sauce, whipped red bliss potatoes and sautéed vegetables	\$15	\$50
Meatloaf -Whipped red bliss potatoes, sautéed vegetables	\$12	\$40
Coq au Vin - Chicken Leg and Breast Carrots, onions, mushrooms, red wine sauce, garnished with mashed potatoes	\$24	\$80
Salmon Dijonnaise Fresh salmon filet baked with mustard, citrus, and tarragon topping. Mixed wild rice pilaf with glazed carrots and green beans	\$18	\$60
Chicken Picatta or Marsala Boneless chicken breast sautéed with a lemon caper sauce or mushroom sauce. Mixed wild rice pilaf and sautéed green beans.	\$15	\$50
Braised Short Ribs Bourguignonne-Style in a red wine sauce with pearl onions, mushrooms and glazed carrots. Whipped red bliss potatoes and sautéed green beans.	\$21	\$75
Duck Confit Slow-braised, duck leg in a light currant demi-glace, wild rice pilaf and sautéed glazed carrots and green beans. Extra leg \$6.00	\$15	\$50

Ratatouille	\$9	\$35
A light stew of eggplant, zucchini, onion, garlic, tomato, and bell peppers over steamed quinoa		
Kids Meal	\$7	
Chicken tenders from scratch! Mac-n-Cheese, glazed carrots and Ranch dressing		
Chicken Pot Pie	\$7	
Tender chicken, peas, carrots, mushrooms, savory sauce, golden crust		

Bulk Items

Assorted Soups - Made from scratch, such as: Cream of Broccoli, Cream of Watercress, Red Bell Pepper Pear, Potato Leek, French Onion, Butternut Squash, Tomato Basil, Chicken Noodle, Clam Chowder (\$9). Inquire for the day's offerings.	1qt \$7 (serves 2-3)
House-made Quiche - Lorraine, Spinach, Mushroom and Chili Verde. Pie pan size serves 4-6 - \$24 Large serves 8-10 \$36 Individual serving \$6	
Whipped Red Bliss Potatoes With butter & cream	7.00 lb
Mixed Wild Rice Pilaf With garlic herb butter	11.00 lb
Steamed Blue Lake Green Beans With garlic herb butter	8.00 lb
Glazed Carrots & Blue Lake Green Beans With garlic herb butter	8.00 lb
Mac-n-Cheese Elbow pasta with rich cheddar cheese sauce	6.00 lb

Cold Buffet Suggestions

Savory Baked In Croissants - Turkey & Cheese, Ham & Cheese, Spinach & Cheese	3.95 ea
Assorted Baguette Sandwiches -Ham & Swiss Cheese, Turkey & Avocado, Vegetarian, Tuna Salad, Chicken Curry Salad	6.50 ea
Fresh Fruit Cup	4.25 pint
Caesar Salad Romain lettuce, Parmesan cheese, garlic croutons, creamy Caesar dressing	4. small 12. large
Dill Potato Salad	10.50 lb
Mixed Green Salad	4. small
Roasted Vegetable Farro Salad	9.50 lb
Baguette	2.00 ea

****Special request available upon approval****

Assorted delicious cakes & pastries available upon request

NEED TOILET PAPER?

GET A FREE ROLL WITH A \$50.00 PURCHASE

ARE YOU MISSING A SPECIAL INGREDIENT OR HAVE A SPECIAL NEED? JUST ASK US, WE ARE HERE TO HELP!