## Breakfast & Lunch

**The French Gourmet**

Catering - Restaurant - Bakery - Wine Boutique  
960 Turquoise Street, San Diego, CA 92109  
(858) 488-1725 x316  
www.TheFrenchGourmet.com

### Eggs & Omelettes

We use Local, Farm-Fresh Eggs from Eben-Haezer Poultry Ranch in Ramona

Served with garlic and parsley potatoes and fruit garnish, unless otherwise noted.

**Eggs Benedict**
- Two poached eggs on a toasted English muffin and real Hollandaise sauce with your choice of:
  - Traditional  Canadian Bacon  12.95
  - Canadian Bacon with creamed spinach and mushrooms  13.95
  - California  Sliced tomato & avocado  13.95
  - Smoked Salmon  14.95

**Two Eggs - Any Style**  9.95
- And your choice of ham, bacon, or chicken-apple sausage

**Flat Iron Steak & Two Eggs Any Style**  16.95
- With Béarnaise sauce

**Vegetable Scramble**  10.95
- Fresh vegetables scrambled with potatoes, eggs, and jalapeño jack cheese.
  Served with warm flour tortillas and fresh salsa

**Three Egg Omelettes**
- Egg white option available
  - Florentine  Creamed spinach and mushrooms, and topped with real Hollandaise sauce  10.95
  - Smoked Salmon  Capers, sour cream and red onions  14.95
  - Ham & Cheese  11.95
  - Vegetarian  Bacon, potatoes, onions, bell pepper, and Swiss cheese  13.95

**Breakfast Wrap**  8.95
- Eggs, potatoes, bacon, and jalapeño jack cheese in a flour tortilla with fresh salsa

**Breakfast Croissant Sandwich**  7.95
- Scrambled eggs, cheese, and your choice of ham or bacon

### French Toast & Hand Made Crêpes

Served with garlic and parsley potatoes and fruit garnish, unless otherwise noted.

**French Gourmet Toast**  9.95
- Made with slices of our own cinnamon brioche and served with syrup and fresh fruit
  - Add Nutella and Banana  2.00

**Nutella and Fresh Strawberry Crêpes**  11.95
- With chocolate ganache and sabayon

**Florentine Crêpes**  11.95
- Two hand-made crêpes filled with ham and creamed spinach and mushrooms, topped with real Hollandaise sauce (Available without ham)

### Side Orders & Add On's

- **Real Hollandaise Sauce**  2.50
- **Bacon, Chicken-Apple Sausage, or Ham**  4.00
- **One Egg**  1.50
- **Half Avocado - Sliced**  3.00
- **Garlic & Parsley Potatoes**  3.00
- **Kennebec Hand-cut French Fries**  3.50
- **Sweet Potato Fries**  3.50

### Beverages

- **Environmentally-friendly, in-house purified water**
  - Bottomless Still or Sparkling Water  1.00/person
- **Evian Mineral Water** (1.5 liter)  4.95
- **Badoit Sparkling Water** (750 ml)  5.95
- **Coffee / Decaf**  2.95
- **Tea / Iced Tea**  2.95
- **Café au Lait / Latté**  4.00
- **Cappuccino / Café Mocha**  4.00
- **Fresh Squeezed Orange Juice**
  - Small  3.00  Large  4.00
- **Grapefruit Juice**
  - Small  3.00  Large  4.00
- **Mimosa (Orange or Grapefruit Juice)**  5.95
- **Bloody Mary**  6.95
- **Coke, Diet Coke, Sprite - 12 oz can**  2.95
- **Orangina**  4.00

We proudly serve Café Moto coffees and espressos

Please understand that menu items change daily. If a menu item fails to meet our standards it will not be offered.

Menu and prices applicable to change without notice. Many of our dishes are available for take-out.

Please present any coupons or gift certificates when asking for bill. Gratuity will be added to parties of six or more. 3.75 split charge. Applicable sales tax will be added. We reserve the right to refuse service to anyone.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

2/11/2020