



# THE FRENCH GOURMET

Catering - Restaurant - Bakery - Wine Boutique  
960 Turquoise Street, San Diego, CA 92109  
(858) 488-1725 x316  
www.TheFrenchGourmet.com

## BREAKFAST & LUNCH

Everyday 8:00 am-3:00 pm

### EGGS & OMELETTES

We use Local, Farm-Fresh Eggs from Eben-Haezer Poultry Ranch in Ramona

*Served with garlic and parsley potatoes and fruit garnish, unless otherwise noted.*

#### Eggs Benedict

Two poached eggs on a toasted English muffin and real Hollandaise sauce with your choice of:

<i>Traditional</i>	Canadian bacon	12.95
<i>Florentine</i>	Canadian Bacon	
	with creamed spinach and mushrooms	13.95
<i>California</i>	Sliced tomato & avocado	13.95
	<i>Smoked Salmon</i>	14.95

#### Two Eggs - Any Style 9.95

And your choice of ham, bacon, or chicken-apple sausage

#### Flat Iron Steak & Two Eggs Any Style 16.95

With Béarnaise sauce

#### Vegetable Scramble 10.95

Fresh vegetables scrambled with potatoes, eggs, and jalapeño jack cheese.

Served with warm flour tortillas and fresh salsa

#### Three Egg Omelettes

*Egg white option available*

*Florentine* Creamed spinach and mushrooms, and topped with real Hollandaise sauce 10.95

*Smoked Salmon* Capers, sour cream and red onions 14.95

*Ham & Cheese* 11.95

*Vegetarian* Filled with Ratatouille 10.95

*Farmer's* Bacon, potatoes, onions, bell pepper, and Swiss cheese 13.95

#### Breakfast Wrap 8.95

Eggs, potatoes, bacon, and jalapeño jack cheese in a flour tortilla with fresh salsa

#### Breakfast Croissant Sandwich 7.95

Scrambled eggs, cheese, and your choice of ham or bacon

### FRENCH TOAST & HAND MADE CRÊPES

*Served with garlic and parsley potatoes and fruit garnish, unless otherwise noted.*

#### French Gourmet Toast 9.95

Made with slices of our own cinnamon brioche and served with syrup and fresh fruit

Add Nutella and Banana 2.00

#### Nutella and Fresh Strawberry Crêpes 11.95

With chocolate ganache and sabayon

#### Eggs, Ham & Swiss Cheese Crêpes 11.95

Two handmade crêpes filled with black forest ham, swiss cheese and scrambled eggs

#### Seafood Crêpes 13.95

Two handmade crêpes filled with baby shrimp, scallops, fish, surimi, and mushrooms in a velouté sauce

#### Florentine Crêpes 11.95

Two hand-made crêpes filled with ham and creamed spinach and mushrooms, topped with real Hollandaise sauce (Available without ham)

### SIDE ORDERS & ADD ON'S

Real Hollandaise Sauce 2.50

Bacon, Chicken-Apple Sausage, or Ham 4.00

One Egg 1.50

Half Avocado - Sliced 3.00

Garlic & Parsley Potatoes 3.00

Kennebec Hand-cut French Fries 3.50

Sweet Potato Fries 3.50

### BEVERAGES

Environmentally-friendly, in-house purified water

Bottomless Still or Sparkling Water 1.00/person

Evian Mineral Water (1.5 liter) 4.95

Badoit Sparkling Water (750 ml) 5.95

Coffee / Decaf 2.95

Tea / Iced Tea 2.95

Café au Lait / Latté 4.00

Cappuccino / Café Mocha 4.00

#### Fresh Squeezed Orange Juice

Small 3.00 Large 4.00

#### Grapefruit Juice

Small 3.00 Large 4.00

Mimosa (Orange or Grapefruit Juice) 5.95

Bloody Mary 6.95

Coke, Diet Coke, Sprite - 12 oz can 2.95

Orangina 4.00

*We proudly serve Café Moto coffees and espressos*

Please understand that market conditions change daily. If a menu item fails to meet our standards it will not be offered.

Menu and prices applicable to change without notice. Many of our dishes are available for take-out.

Please present any coupons or gift certificates when asking for bill. Gratuity will be added to parties of six or more. 3.75 split charge. Applicable sales tax will be added. We reserve the right to refuse service to anyone.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.