



# THE FRENCH GOURMET

Catering • Restaurant • Bakery • Wine Boutique

## breakfast catering menu



For morning delivery, orders must be received by 1pm the day before. Minimum \$150 per order.

Platters served on elegant, eco-friendly and/or disposable trays.

Eco-friendly disposable plates, napkins, cutlery, etc. available at additional cost.

### The French Gourmet

960 Turquoise Street  
San Diego, CA 92109  
858.488.1725  
thefrenchgourmet.com

Delivery charge may apply. Please contact us for details and ask about our volume discount.

Prices subject to change. Rev. 11/2015

### Breakfast Platters

priced per person; minimum 10 servings

#### Assorted Breakfast Pastry 1.75

Croissant, Chocolate Croissant, Almond Croissant, Danish & Cinnamon Rolls

#### Assorted Muffins 2.50

Blueberry, Oat Bran, Chocolate, Cranberry, Banana Nut

#### Breakfast Quiche 2.50

Flaky Delicious Bite-Size Quiche  
Choice of Lorraine, Spinach or Mushroom

#### Breakfast Burrito 5.95

Assortment of Individual Tortillas Stuffed with Fluffy Scrambled Egg, Cheese and Choice of Sausage, Bacon or Vegetarian  
Served with Fresh Salsa

#### Breakfast Croissant 5.95

Freshly Baked, Light and Flaky Croissants Filled with Fluffy Scrambled Egg and Choice of Turkey & Swiss, Ham & Swiss or Spinach & Parmesan

#### Salmon & Lox 7.95

Smoked Salmon, Sliced Red Onion, Capers, Whipped Cream Cheese with Plain and Everything Bagels

### Lighter Fare

priced per person; minimum 10 servings

#### Fresh Fruit Brochettes 2.50

Skewered Bite-Size Fresh Seasonal Fruit with Raspberry Poppy Seed Yogurt

#### Yogurt Parfait 3.50

Vanilla Yogurt, Seasonal Berries and Granola

#### Fresh Fruit Tray 2.00

Fresh Cut Seasonal Fruit May Include: Pineapple, Cantaloupe, Grapes, Berries, Melon

### Sweets

by the dozen

#### Bite Size Desserts 12

May Include Brownies, Lemon Bars, Congo Bars, Coconut Lancers

#### Assorted French Cookies 18

May Include Meringue Puffs, Butter Cookies, Madeleines, Chocolate Chip Cookies, Coconut Macaroons, Chocoroons

#### Large Assorted Cookies 18

May Include Chocolate Chip, Oatmeal Raisin Walnut, Peanut Butter Chip, White Chocolate Macadamia

### Beverages

#### Cafe Moto Coffee Box 15

Serves 8-12  
Freshly Brewed Regular or Decaf

#### Fresh Squeezed Juice 3.50

Orange or Grapefruit

#### Hot Tea 1.00

Assorted Flavors

#### IZZE Sparkling Juice 2.50

Blackberry, Clementine, Grapefruit, Pomegranate

#### Canned Soft Drinks 1.50

Coke, Diet Coke, Sprite

#### Bottled Water 1.50