



THE FRENCH GOURMET

Catering ♥ Restaurant ♥ Bakery ♥ Wine Boutique
960 Turquoise Street, San Diego, CA 92109
Make your reservation online at www.TheFrenchGourmet.com
Or call (858) 488-1725 ext. 316



Valentine's Day Prix Fixe Dinner Menu

Wednesday 2/14

\$69.95 per person

Beverage, tax and gratuity not included

Rev. 2/2/18

Hors d'Œuvre

Escargot Stuffed Mushroom Onion & Feta Tart Lobster Fritter

First Course

Choose one

Scallop Risotto

Lobster Bisque

Onion Soup Cup with Truffle Cheese Gratinée

Valentine Beet Salad

Herbed goat cheese, red onions, candied pecans, red wine vinaigrette

Foie Gras "Torchon"

With balsamic fig chutney and toasted brioche

Pomegranate Apple Salad

Mixed greens, arugula, pomegranate seeds, green apple, blue cheese, candied pecans, champagne vinaigrette

Intermezzo - Pomegranate Granité infused with a splash of Pomegranate Vodka

Main Course

Served with your choice of roasted fingerling potatoes, risotto, or potatoes au gratin, and grilled asparagus or haricots verts.
Please choose an entrée:

Surf & Turf

Lobster tail, drawn butter
Petite filet mignon medallion, cabernet demi-glace

Prime Rib Au Jus

Crab Stuffed Salmon
Champagne beurre blanc

Grilled Rack of Lamb

Cabernet demi-glace

Duck à l'Orange

Pan-seared Frenched Chicken

Champagne beurre blanc

Beef Wellington

Valentine Pappardelle Pasta - Vegetarian

Artisan pappardelle pasta, julienne of carrots and squash,
white wine and garlic sauce, parmesan cheese

And For Dessert . . .

Enjoy here or take it to go

Choose one

Petits Fours Painted Plate

4 mini French pastries

Raspberry Crème Brûlée

Or Share

Heart-Shaped Pralinsko Cake

Dark, moist chocolate cake filled with creamy hazelnut-flavored chocolate mousse Perfect for two

*Reservations required. Gratuity left to your discretion, though 18% gratuity will be added to parties of 6 or more.
Menu subject to change without notice. No coupons/vouchers accepted on this dinner menu. No splitting.
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*